



KHADIJA SHANQUA MITCHELL

Bel Air, MD 21015

410-569-4267

Parents: Khalid & Valerie Mitchell
Email: brightel@comcast.net



Class of 2008

Mercy High School

Height: 5'3" Weight: 125

Date of Birth: September 11, 1990

Junior Year: 10 ppg, 4 spg, 6 apg, 4 rpg

Sophomore Year: 8 ppg, 2 spg, 5 apg, 3 rpg

Freshman Year: 2.1 ppg

Academic Profile:

GPA: 3.4(Honors Math)

Public Relations Club

Public Relations Intern

Basketball Profile:

Point Guard/Shooting Guard

7 years AAU/3 years H.S. Varsity

Career High/27 pts. (AAU)

Career High/23 pts (H.S.)

Strong Points:

Coachable/Smart, Team Player

High 3 pt. % shooter (45%)

Uses both hands

Efficient Passer/Finds Open Man

High School Awards & Accomplishments

2006/2007, JUNIOR SEASON, **Starter, Leading Scorer, Most Valuable Player**

December 2006, Seton Keough Christmas Tourney, **All Tournament Team (Balt. MD)**

February 9, 2006 "Catholic Review" **Athlete of the Week (Balt. MD)**

2005/2006 Mercy High School Varsity **Most Improved Player**

2005/2006, SOPHOMORE SEASON, **Starter, Second Leading Scorer**

AAU Awards & Accomplishments

2006 USJN AAU Tournament at American University (5th Place/32 teams, MD Hurricanes)

2006 MD State AAU Girl's Basketball Bronze Medalist (Maryland Hurricanes)

2005 Boo Williams Nike Invitational 14U Tournament Champions (Maryland Hurricanes)

2005, 2004, 2003 Maryland AAU Girl's Basketball State Champions (Maryland Hurricanes)

2004 13U AAU Division I, National Tournament (25th Place/96 teams, MD Hurricanes)

2002 Maryland AAU Girl's Basketball State Bronze Medalist (Baltimore Ravens)

2002 12U Division II, NIT Silver Bracket Champions (Baltimore Ravens)

2002 Baltimore's Best Tournament MVP (Baltimore Ravens)

COACH'S INFORMATION

Mercy High School:

Coach/Athletic Director Mary Ella Marion

1300 E. Northern PKWY, Baltimore, MD 21239

Work: (410)433-8880

Email: memarion@mercyhighschool.com

AAU Maryland Hurricanes – Howell:

Coach Sonya Howell

3300 Old Court RD, Baltimore, MD 21208

Work: (410)486-1901 **Home:** (410)866-4328

Email: yayahowell@hotmail.com



Mercy team rebounds, snapping a four-year skid

BY SUE THOMPSON

The smile on Mercy head coach Mary Ella Marion's face as time expired for the 41st meeting of "The Game," between Baltimore archrivals Mercy High School and Institute of Notre Dame said it all. For Marion and her squad it was elation, pride and relief as the Magic upended IND for the second time this season while also ending a four year skid at this annual gathering Feb. 2 at The



holding them to one shot and that was the key. And we also found the basket."

The Magic were led by junior point guard Khadija Mitchell with a game high 15 points. "We just had to push the ball up the floor," said Mitchell. "This was a breakout game for us." Mitchell's ability to manage a disciplined offense was complemented by junior Jessica Zikorus, seniors Clare Naldrett and Kate Bell, and senior co-captains Lauren Moniuszko and Marcia Bond.

Indeed, Mercy was very successful in holding the IND Indians to one shot, beating them time and time again to the boards, but was equally as successful from the foul line and from the field. It was a sweet victory for the Magic who were also celebrating the 20th anniversary of their 1987 championship team. A handful of players from the 1987 team were on hand and acknowledged during halftime.

IND just could not get on track. "We needed more heart," said IND junior guard Amanda Ward. "We didn't come with heart tonight and Mercy came out strong. They wanted it more than we did and for that I give them credit." Ward is a quiet but steady player for the Indians, scoring 11

The Towson Center on the campus of Towson University.

It was a sea of red and a sea of blue that lined the hallways around the arena, while cheerleaders, dance troupes, father's clubs, students, parents and alumnae were on hand for the gathering of two Catholic high schools rich in tradition and passionate about their school.

The Magic (12-9, 7-8) handily defeated the Indians (8-12, 7-9) 47-34 before a sell-out crowd of more than 4,200 spectators.

The game got off to a slow start but as the nervousness subsided and the players got into their groove, a tenacious but well-disciplined Mercy squad took a 23-19 halftime lead into the locker room and never looked back. The monkey was finally off of their backs.

"We just wanted to keep playing strong defense," said Marion. "I thought we played very physical on their post players,

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points during the evening.

IND's head coach, Tully Sullivan, summed it up well after the game, saying "Mercy played their game. They out-hustled us, out-rebounded us and did their job. All the credit goes to them for doing their job, but we'll be back next year."

Catholic Review

Feb. 8, 2007

(9-11, 9-10) is closing in, was on the move, shut- made by Amanda Ward

CATHOLIC REVIEW ATHLETES OF THE WEEK

Khadija Mitchell, sophomore Mercy High School Basketball

Fiery point guard Khadija Mitchell paced the Mercy Magic with a team-high 20 points against the Institute of Notre Dame Feb. 3. Mitchell was impressive both offensively and defensively, drawing out the defense out with several key scores from behind the arc, as well keen drives down the middle.



Khadija Mitchell



Lauren Voorhees

Lauren Voorhees, senior Institute of Notre Dame Swimming

Senior captain Lauren Voorhees led the Indians to a 7-0 undefeated regular season in the IAAM B Conference. During the championships, Lauren swam the 100-yard butterfly, the 200-yard freestyle medley and the 400-yard free-style relay. Lauren's leadership and maturity throughout the season has been pivotal for the Indians.

CR/Sue Thompson



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